

SAILING THE FLEET

Welcome!

During the course of the day, we are in and out of small boats. Please wear loose, comfortable clothing that can be worn in layers. A summer day in Maine can have you in T-shirts and shorts or long pants and a fleece jacket. Bring a variety. On very windy days you may get wet from the spray. And we do sail in the rain and fog, as appropriate.

RECOMMENDED GEAR:

Foul weather gear (we do go out in any weather)

Warm clothes that are not cotton (fleece or wool work well)

Wetable shoes, sandals or wetsuit boots, if we go ashore on an island.

Sunglasses

Hat that protects from the sun

Sun protection

Extra clothing

Waterproof duffel or daypack (if you want to bring small personal gear on board)

Bathing suit (optional)

Sailing gloves (optional)

Pocket knife (optional)

Water bottle (optional)

Notebook and pen (for taking notes during class time)

RECOMMENDED READING:

The Complete Sailor by David Seidman, International Marine The Craft of Sail by Jan Adkin, Walker Publications

These are books your instructors thought would be of interest. They are not required reading. Reference books are provided during the course.

All books are available for purchase from www.woodenboatstore.com