

## OPEN BOAT SKILLS/CRUISING w/ ANDY NADOLNY

## **SUGGESTED GEAR:**

Fleece or wool sweater

Foul Weather Gear (top and bottom)

Hat

Bandana

Shoes or closed toe sandals. Flip flops should not be worn as they do not provide the necessary footing and protection that you will need while sailing. It's possible that your footwear will get wet so plan accordingly.

Sunscreen

Insect repellant

Sunglasses

Rigging knife (optional)

Daypack or tote bag to hold your own stuff (preferably water resistant)

Optional, fun stuff: Binoculars, camera, hand compass, personal PFD, between meal treats...this stuff should be minimal and packable.

You may get wet in this course; you will be wading in the water. Please keep this in mind with your clothing choices.

We'll provide charts, food and water, PFDs, VHF radios.