



## WOODENBOAT SCHOOL GEAR LIST

### **ELEMENTS OF COASTAL KAYAKING II with Nick Schade**

Hello,

I'm pleased that you are joining us for the coastal kayaking course here at WoodenBoat School. In a series of day trips, we will explore some of the most scenic parts of the rocky Maine coast. But we'll also paddle into secluded creeks lush with wildlife. Although we'll meet occasionally in a classroom, most of our time will be spent on the water. Rather than follow a rigid schedule, we will paddle according to weather, tide, and our mood. WoodenBoat School will supply the kayaks, spray skirts, paddles, and pumps—but feel free to use your own if you wish.

Equipment you should bring with you for safety and comfort includes the following:

swim suit

polypropylene underwear (to wick moisture away from your body)

walking shoes

kayaking footgear (old sneakers or neoprene booties and/or inexpensive deck boots)

woolen socks

sun hat, sun block, sunglasses

rain gear (the inexpensive variety will do fine)

fleece or woolen sweater or jacket

a light neoprene or Hydroskin wetsuit or "Farmer John"

a couple of drybags to hold your gear

two water bottles

a nose clip - if you feel the need

You'll find all this gear at your local outfitter or from large suppliers such as NRS ([www.nrsweb.com](http://www.nrsweb.com); 1-800-635-5202).

The course will begin with supper at the WoodenBoat kitchen on Sunday. After we've finished the chowder, we'll meet at the WoodenBoat magazine offices (the big white house on the hill) to talk about the week's activities. If you have any questions before then, please email me at [nick@guillemot-kayaks.com](mailto:nick@guillemot-kayaks.com) or call (860) 659-8847.

It's going to be a great week. I'm hoping for one good day of fog to hone our navigation skills and four days of glorious sunshine to warm our bodies and show off Penobscot Bay's spectacular scenery.

Cheers,

Nick Schade