

## **CRAFT OF SAIL**

Please wear loose, comfortable clothing that can be worn in layers. A summer day in Maine can have you in T-shirts and shorts or jeans and sweatshirts. Bring a variety. On very windy days you may get wet from the spray.

## **GEAR TO BRING:**

Foul Weather Gear: Jacket w/ hood, Pants, Boots, & Hat Deck shoes – no black soles, closed toe, grippy soles Daypack for your gear – hands free to board boats Ball Cap to support floppy rain jacket hood

Extra Clothing for variable weather – fleece or wool

Sailing Gloves

Quiet/Soft Insulated Water Bottle

Life Jacket (if you have your own that you want to bring – otherwise WBS has plenty)

Lyrics to your favorite sea shanty for foggy mornings

Notebook and pencil

Dark Glasses & Sun Hat or Cap

Polarized Sun glasses

Leash for prescription glasses

Any navigation equipment you are used to using if desired

Apps to consider pre-loading: Tides, Marine Traffic, Navionics, Anchor by Zenkou,

Instructors will bring sunscreen, handheld vhf's, bug spray

Optional: binoculars, camera, hand held compass, personal PFD, snacks, rigging knife

\*\*\*We'll provide charts, food and water, PFDs, and VHF radios